

H-E-A-R-T (That's a Hard Working Heart)

A song to help remember the circulatory system

H-E-A-R-T / That's a hard working heart
H-E-A-R-T / And it keeps on beating beautifully

People like to talk about the ways of the hustle
Look at the heart it's a hard working muscle

Every minute of the day the heart is moving blood
Never too little and it's never a flood

H-E-A-R-T...

The red blood cells are moving everything around
Taking it up and they're taking it down

Oxygen is gathered by the lungs when we breathe
Arteries take it from the head to the feet

H-E-A-R-T...

Carbon monoxide is what we have left
It goes back through the veins and out with the breath

The heart has a right side and a left side too
They both have a different kind of job that they do

H-E-A-R-T...

The heart is the muscle at the center of this story
It's working in a system that is circulatory

H-E-A-R-T...